



Mass Intentions For the Week

Monday, March 8

8:00 am † Jackie Lawrence (*Sheila Mayers*)

Tuesday, March 9

7:15 pm † Jerome Rocha (*Jane Rose Rocha*)

Wednesday, March 10

8:00 am † Bridget McGillian (*Teresa Oldman*)

Thursday, March 11

8:00 am Ints. of Fr. Montfort (*Friends at St. Theresa's*)

Friday, March 12

8:00 am † Dorothy King (*Daphne King*)

7:15 pm

Saturday, March 13

9:00 am For the People

5:00 pm † Rocco & Domenica Zambardo
(*Joe & Vincenza Caruso*)

Sunday, March 14

10:00 am Intentions of St. Theresa's Parishioners
(*with gratitude, Laureano & Norma Cruz*)

11:30 am † Rosie Bonanno (*Bonanno Family*)

1:00 pm Traditional Latin Mass

Let Us Pray

For Our Sick



Delfina Laranang, Peter Quirke Sr., Bill Bennett
Des Molloy, Laureano Cruz, Gale Loder
Nancy Lea, Anne Marie Ignat, Phoebe Rupp
Ann Scala Phillips, Mary Abbott, Ignazio Miroddi
Beverly Elliot, Mary Jane Nice, Corrine McGrath
Victor Vatinno, Chelsea Rabago, Daniel O'Brien Jr.

Dates to Remember

Mar. 17 – Healing Mass

Mar. 20-21 – ShareLife 1st Offering

Mar. 28 – Palm Sunday

Mar. 28 – Family Gathering for First Communicants

Healing Mass

Wednesday, March 17th at 7:30 p.m.

Celebrant: Rev. Shane Varghese, C.Ss.R.

Quiet Thoughts

To pray, it is not necessary to make a display like the Pharisees. Rather, we should be discreet in the external manifestations of our personal piety, avoiding gestures or words that draw attention to ourselves. Yet, if our devotion is still noted by others, we need not be troubled: we should reassure ourselves with St. Augustine's teaching: "There is no sin in being seen by men, but rather in acting with the goal of being seen by them."

Taken from *Heralds of the Gospel*, Feb. 2010, pg15

Lenten Friday Mass & Stations of the Cross

Starts at 7:15 PM

Mass intentions are accepted.
On March 12th, Stations will be led
by the Knights of Columbus.



A Sacred Calendar for Lent 2010: Week 4

Sun. Mar. 7	The Gospel: Luke 13:1-9 The call to repentance. <i>Question of the Week: Lent is a time to look inward and so some "spring housecleaning." How do you feel called to do this?</i> As a household, continue to observe the Season of Lent, but today, take a break and celebrate Sunday.
Mon. Mar. 8	<i>Spiritual goal for this week: In my prayer this week, I will let myself be fully satisfied with God's grace as it plays out in my life. It is enough for me!</i>
Tues. Mar. 9	Special Feast today: St. Frances of Rome Wife, mother, doer of good deeds. She once said: "A married woman," she said, "must often leave God at the altar to find Him in her household care."
Weds. Mar 10	Examine your conscience today. Who is Who is God calling you to become?
Thurs. Mar 11	The theme of this week is Conversion. Christ is calling you to be near to himself, to live in deep communion with him.
Fri. Mar 12	On this Friday in Lent, pray the Stations of the Cross either with the parish or alone. Let each stop along the way lead you closer to Christ. We abstain from meat today!
Sat. Mar 13	Let this Lenten Saturday be one on which you connect with someone with whom you've been estranged. Forgive seventy times seven times!



ShareLife

2010 Community
Challenge

**A Gift of Kindness,
Twice as Nice!**

Contributions to ShareLife can have a bigger impact than ever this year through the ShareLife Community Challenge!

A generous donor has pledged to match all new and increased gifts to the 2010 ShareLife campaign, up to a total of \$500,000. Your first-time gift to ShareLife will be matched dollar-for-dollar this year. For example, your \$50 donation will result in a \$50 matching gift, resulting in a \$100 contribution toward the work of ShareLife agencies. If you're a regular ShareLife donor and you increase your gift from the amount contributed last year, the increase of your gift will be matched. Help us to maximize the impact of your gift to ShareLife this year.

For more information, visit www.sharelife.org.

1st ShareLife Offering: March 20-21

Please give generously. You can work Wonders!



How to Find Time in Your Day for Lent

The fast pace of your life may seem to leave little time and energy for the traditional Lenten practices. But you can weave moments of spiritual awareness and service into even the busiest of schedules. The trick is to see Lenten practice as part of, rather than in addition to, each activity of your ordinary hectic day. **The three foundational practices of Lent are prayer, fasting, and almsgiving. Think about them in a new way:**

Praying Daily

If you make a habit of saying a little prayer whenever someone irritates you, cuts you off in traffic, or makes life difficult; when someone does you a favour, you experience great and friendly service, or when something joyful happens to you—you will soon find yourself praying your way through the day. Try this simple practice and you will be observing the Catholic Church's call for greater prayer during the Lenten season. You will also find that this habit makes your life flow smoother, your self more centered, and your Spirit more aware of God's presence.

A Different Type of Fasting

There are many ways to fast. Why not fast from criticism, gossip, judging others, or passing on rumours? Why not abstain from unwarranted fear and anxiety? You can also tell that inner voice inside your head that criticizes you to abstain from eroding your ability to be the confident, blessed person God calls you to be. These are beautiful ways to observe the Lenten call to fasting and abstinence.

Give of Yourself

Daily life also offers countless opportunities to give of yourself to others (alms), and most don't involve dipping into your wallet. Give encouragement to the doubting, give a word of praise to the insecure, show kindness to someone who could use a friend, and offer a word of thanks to those whose service of others often goes unappreciated. Give the gift of your attention to someone who simply wants to be noticed. Tell your children stories about people whose values you admire when you gather at mealtime. Don't be stingy with your smiles—give them freely to everyone you meet. And most important, give your love to those close to you. Hug them, hold them, and tell them what they mean to you. In this way you open your heart to God and others.

So no matter how busy you are in life, with some greater awareness and new perspectives, you can consciously pray, fast, and give of yourself this Lent—and you will be ready to celebrate when a joyful dawn breaks upon you on Easter morning.

Taken from www.LoyolaPress.com

Community Events

Lectio Divina with Archbishop Collins on **March 14th at St. Michael's Cathedral**, 65 Bond Street, Toronto. All are welcome to join Archbishop Collins as he leads us in prayer and reflection on scriptural passages. **Vespers - 7:00 p.m., Lectio Divina - 7:30 - 8:15 p.m.** For more information, resources and to download audio or video clips of the Lectio Divina, visit us online at www.archtoronto.org/lectio.

World Youth Day - Palm Sunday

Saturday, March 28th, 6pm at St. Paul's Basilica and 7:30 pm walk to St. Michael's Cathedral All youth and young adults are invited to celebrate World Youth Day on Palm Sunday. It will start with praise, worship and catechesis at St. Paul's Basilica followed by a procession to St. Michael's Cathedral for the Palm Sunday Mass at 8:00 PM to be celebrated by the Archbishop Thomas Collins.

Holy Week Triduum Retreat – April 1st to 4th at Manresa Jesuit Spiritual Renewal Centre,

Pickering. These days of retreat provide silence and solitude for entering more deeply into the mystery of Jesus' passion, death and resurrection, starting from Holy Thursday evening to Easter Sunday morning. Suggested Offering of \$225.00 includes meals, accommodation, program and spiritual direction. To register or for more information, please contact the office at 905-839-2864 ext 110 or info@manresa-canada.ca. Visit us at www.manresa-canada.ca.

Easter Chocolate Egg Sale

In support of the Marguerite Bourgeys Family Centre, we will again have the chocolate egg sale after the masses on **March 13-14 and March 20-21**. Belgian chocolates will be sold for \$3 each or two for \$5. The Family Centre helps couples to achieve and avoid pregnancy and improve women's health using technology rooted and grounded in Catholic Church teachings.



Looking for More Members

The **St. Vincent De Paul Society – St. Theresa's Chapter** is looking for more volunteer members. Please call John Rochford- 647-235-9406 for details.

Daylight Saving Time

...starts next Sunday, March 14th
Don't forget to reset
your clocks one hour ahead.



Don't forget to pick-up your Tax Receipts! They are on the table behind the last pew, north side.